



THE BOLD NEW CHOICE
FOR CHRONIC PAIN RELIEF.

PROCLAIM™

SCS SYSTEM



BE BOLD. LIVE XR.



IT'S TIME TO **LIVE XR.**

At Abbott, we understand the heavy burden chronic pain creates. We know pain has more than the power to limit your life; it has the power to take over your life, both physically and mentally.

Today, there is a bold new choice for the relief of chronic pain – the Proclaim™ XR recharge-free SCS system.

Combined with the power of BurstDR™ stimulation therapy, the Proclaim XR SCS system is our latest advancement in neurostimulation therapy (also called SCS). Not only does it offer you superior* pain relief, but unlike other SCS systems that require frequent charging sessions to maintain therapy, the Proclaim XR SCS system is recharge-free. Meaning, you can get hassle-free pain relief with a battery that lasts up to 10 years at low dose settings** without ever needing to charge the system.

It's time to stop watching life go by and start living XR.

By understanding how the brain naturally manages pain, doctors created BurstDR stimulation to mimic natural patterns found in the brain.³ It works by using mild electrical pulses to change pain signals as they travel from the spinal cord to the brain,³ and BurstDR stimulation has been proven to provide effective pain relief in low doses.^{2,*}





THE LOW-ENERGY **DIFFERENCE.**

SCS therapy is a well-established pain treatment used by doctors for more than 50 years. One of our most advanced forms of this therapy is BurstDR™ stimulation.

This low-energy treatment for chronic pain has proven to provide **relief from both pain and its associated suffering.**^{1†} BurstDR stimulation is powerful enough to interrupt pain signals with very low doses of stimulation.^{2**}

The result: With the Proclaim™ XR SCS system, you now can have hassle-free pain relief with a battery that lasts up to 10 years at low dose settings** without ever needing to charge the system.



**STOP WATCHING LIFE GO
BY AND START LIVING XR.**
IT'S LIFE-CHANGING TECHNOLOGY
AT YOUR FINGERTIPS.

MAKE THE BOLD CHOICE
**AND START LIVING
YOUR BEST LIFE.**

The Proclaim™ XR SCS system is different, because it was designed with you in mind.



LOW-ENERGY THERAPY

BurstDR™ stimulation is powerful enough to interrupt pain signals with very low doses of stimulation.^{2**}



FAMILIAR TECHNOLOGY

Control your system with Apple+ digital devices and Bluetooth® wireless technology for life on the go.



RECHARGE-FREE

Unlike other SCS systems that require frequent charging sessions to maintain therapy, the Proclaim XR SCS system gives you hassle-free pain relief with a battery that lasts up to 10 years at low dose settings** without ever needing to charge the system.



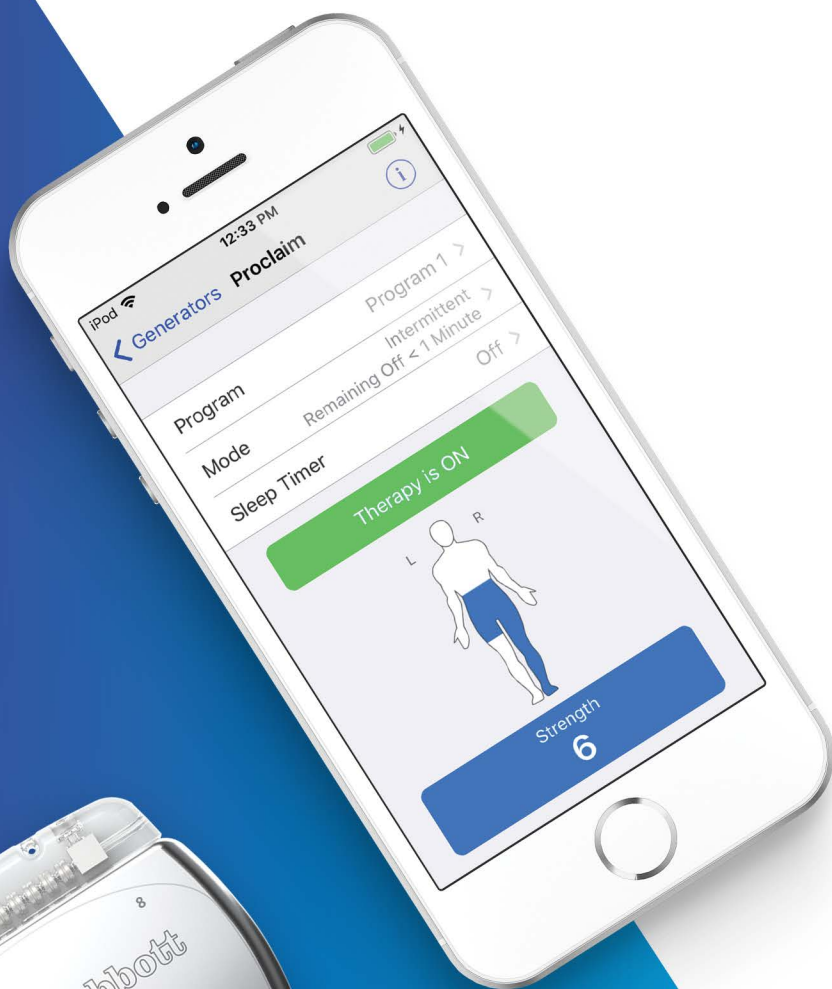
FUTURE READY

The Proclaim XR SCS system features upgradeable technology that can deliver the latest advancements via software updates.



MRI READY

The Proclaim XR SCS system allows scanning with a wide variety of medical imaging techniques, including MRIs.^{***}



GETTING STARTED WITH THE **PROCLAIM™ XR SCS SYSTEM.**

STEP 1

DOCTOR EVALUATION

Your pain management doctor will determine if you are a candidate for stimulation therapy with the Proclaim™ XR SCS system and may introduce you to an Abbott representative who can help answer your questions about the therapy. Your doctor may also recommend a temporary evaluation to determine if the therapy is right for you.

STEP 2

TEMPORARY EVALUATION

One of the advantages of the Proclaim XR SCS system is that you can try it out to see how well it works for you before committing to an implanted system. During the temporary evaluation, you can see whether the therapy:

- Provides meaningful pain relief.
- Improves your ability to perform daily activities.
- Improves your sleeping habits.

STEP 3

IMPLANTED SYSTEM

If, at the end of the evaluation period, you and your doctor decide that the Proclaim XR SCS system is right for you, you can choose to have the system implanted.

Complete the Action Card on the front of this brochure if you would like to be contacted by an Abbott representative to

LEARN MORE ABOUT THE PROCLAIM XR SCS SYSTEM.



TRY IT FIRST.

THE INVISIBLE TRIAL SYSTEM.



TEMPORARY
LEAD

The process begins with a short procedure, often performed at your doctor's office, a hospital or a day surgery center. During this time, your doctor will place thin wires, called leads, which deliver the low-energy electrical pulses that interrupt your pain signals. The leads will be connected to a small external battery.



EXTERNAL
BATTERY

During the evaluation, the battery will be worn outside of the body, typically on your lower back. In the recovery room, your Abbott representative will program your system under your doctor's guidance.



PATIENT
CONTROLLER

The evaluation will give you an opportunity to see how well the therapy controls your pain throughout the day and during different activities. The typical evaluation period lasts five to seven days, after which you and your doctor will decide if the Proclaim™ XR SCS system is right for you.

Please note: The placement of the leads is a surgical procedure that exposes you to certain risks. Complications such as infection, swelling, bruising and possibly the loss of strength in or use of an affected limb or muscle group (i.e., paralysis) are possible. Be sure to talk to your doctor about the risks associated with the placement of a neurostimulation system.

Learn more at
PROCLAIMXR.COM



A SUCCESSFUL EVALUATION. A LIFE-CHANGING NEXT STEP.

The next step is to have the Proclaim™ XR SCS system implanted in a surgical procedure that is usually completed on an outpatient basis. Much like the temporary system, the three basic components of the implanted system will be familiar to you.



LEADS

Thin wires that deliver electrical pulses from the battery to nerves along the spinal cord.



IMPLANTED BATTERY

A small device, typically implanted in the abdomen or buttock area, that is connected to the leads.



PATIENT CONTROLLER

A handheld device similar to a remote control that enables you to adjust the therapy.

Before the procedure, you and your doctor should review any possible complications as well as the restrictions you will be asked to follow during your recovery and for the long term.

Certain activities can cause the lead or leads to move and cause an unwanted change in stimulation. In general, you should be able to perform your daily activities with less pain over time.

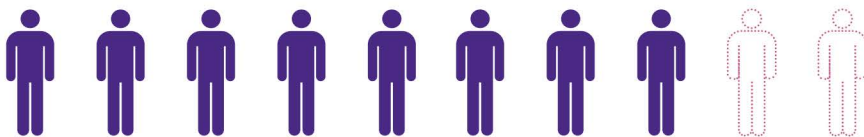
Please note: While neurostimulation helps most patients with some reduction in pain, not everyone responds in the same way. The amount of pain relief depends on each individual. Complications caused by placement and/or use of the device may occur. Be sure to discuss the risks and benefits of neurostimulation with your doctor.

Proven effective and preferred by more patients. The bold choice for people who are ready to live life more fully.

BurstDR™ stimulation has been clinically proven to:¹

- Provide superior relief from pain and its associated suffering², compared to traditional neurostimulation therapy.
- Reduce or eliminate the tingling sensation felt with traditional neurostimulation.
- Improve the ability to perform everyday activities.

MORE THAN 8 OUT OF 10 PATIENTS SAY THEY
PREFER BURSTDR STIMULATION.⁴



Learn more at

PROCLAIMXR.COM

BE BOLD.
LIVE XR.

The Proclaim™ XR SCS system provides recharge-free pain relief, unlike rechargeable systems that require frequent charging sessions to maintain therapy. That means extra time to do the things you love.



456
8-HOUR
WORKDAYS



76
WEEKEND
GETAWAYS



912
4-HOUR ROUNDS
OF GOLF



1,216
3-HOUR
BASEBALL GAMES



3,650
1-HOUR
SESSIONS



1,825
2-HOUR TENNIS
MATCHES



REMEMBER THIS: **YOU WON'T BE ALONE.**

The Abbott Care Team offers a wide range of support services for people living with chronic pain. Whether you are just beginning to think about neurostimulation, or are already finding relief with Abbott therapies, we want you to know we are here for you.



HERE TO HELP

Complete the Action Card attached to the front of this brochure if you would like to be contacted by an Abbott representative to learn more about the Proclaim™ XR SCS system. We want you to understand all aspects of the therapy, so we are happy to help.



ONLINE RESOURCES

Visit ProclaimXR.com to find videos and downloadable tools to help you learn more about neurostimulation therapy. You can also sign up to receive emails with helpful tools and information.



FACEBOOK+ COMMUNITY

When you join our community @AbbottChronicPain, you'll find inspiring stories, helpful tools and timely events for people living with chronic pain and their carers.

Learn more at
PROCLAIMXR.COM

YOU HAVE QUESTIONS. WE HAVE ANSWERS.

WILL NEUROSTIMULATION CURE MY PAIN?

Neurostimulation is not a cure for pain, but it is a therapy that may help you reduce your pain to a manageable level and return to a more normal lifestyle.

WHAT IS THE DIFFERENCE BETWEEN TRADITIONAL NEUROSTIMULATION AND BURSTDR™ STIMULATION?

With traditional neurostimulation, a small device is used to interrupt pain signals before they reach the brain. The painful feeling is replaced with a different feeling, which some describe as a tingling or massaging sensation.

BurstDR stimulation, exclusively from Abbott, works similarly. However, BurstDR stimulation was designed to manage pain more naturally. It works by mimicking natural patterns found in the brain – modifying pain signals and changing the way your body perceives pain.³

HOW IS THE PROCLAIM™ XR SCS SYSTEM DIFFERENT THAN RECHARGEABLE SYSTEMS?

Now, thanks to the power of BurstDR™ stimulation therapy on the Proclaim XR SCS system, you can get pain relief with very low amounts, or doses, of stimulation. This means you can have hassle-free pain relief with a battery that lasts up to 10 years at low dose settings** without ever needing to charge the system. Historically, to maintain therapy with certain systems, it was necessary to charge the device frequently (sometimes daily).

WILL I BE ABLE TO REDUCE MY PAIN MEDICATIONS?

Every patient responds differently. Many patients are able to decrease the number of pain pills they take each day, while other patients are able to change the type of medication they take. Please consult with your doctor on specific medication questions.

WHAT ARE SOME OF THE RESTRICTIONS I MAY HAVE WITH AN IMPLANTED SYSTEM?

Your doctor will give you detailed information about restrictions and activities with your system. As a general rule, however, it is important to restrict the amount of bending, twisting and reaching you do for the first six to eight weeks after surgery. This is the time that the healing is taking place around the leads. There are also some permanent restrictions associated with receiving a neurostimulation system.

For example, neurostimulation recipients cannot have diathermy therapy. Be sure to ask your doctor for a complete list of restrictions.

WILL MY INSURANCE COVER THE TEMPORARY AND IMPLANTED SYSTEM?

The temporary system and implanted system are typically covered by most major insurance plans, Medicare and workers' compensation programs. You will need to work with your doctor's office and insurance company to determine your coverage.

To learn more about the Proclaim XR SCS system with BurstDR stimulation, complete the Action Card on the front of this brochure and return it to your doctor.

BE BOLD. LIVE XR.

ASK YOUR DOCTOR FOR THE PROCLAIM™ XR SCS SYSTEM.

THE BOLD CHOICE IN CHRONIC PAIN
RELIEF, IN A SYSTEM THAT LASTS UP
TO 10 YEARS AT LOW DOSE SETTINGS**
WITHOUT THE HASSLE OF RECHARGING.

*When compared to traditional tonic stimulation.

**Up to 10 years of battery longevity at the lowest dose setting: 0.6mA, 500 Ohms, duty cycle 30s on/360s off. NOTE: In neurostimulation therapy, 'dose' refers to the delivery of a quantity of energy to tissue. Safety comparisons and specific dose-response curves for each dosage have not been clinically established. Refer to the IFU for additional information. Hassle-free means recharge-free.

***Within approved parameters. Refer to the Instructions for Use for full details on the MR Conditional scan parameters.

†Pain and suffering as measured by VAS.

1. Deer T, Slavin KV, Amirdelfan K, et al. Success Using Neuromodulation With BURST (SUNBURST) Study: Results From a Prospective, Randomized Controlled Trial Using a Novel Burst Waveform. *Neuromodulation*. 2017;20(6):543-552.
2. Deer T. Efficacy of Burst Spinal Cord Stimulation Microdosing in a De-Novo Patient. Poster presented at: NAPA Pain 2019.
3. De Ridder D, Vanneste S, Plazier M, Vancamp T. Mimicking the Brain: Evaluation of St. Jude Medical's Prodigy Chronic Pain System with Burst Technology. *Expert Review of Medical Devices*. 2015;12(2):14-150.
4. Deer T. Randomized, Controlled Trial Assessing Burst Stimulation for Chronic Pain: 2-Year Outcomes from the SUNBURST Study. Presented at: NANS 2018.

Abbott

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Rx Only

Brief Summary: Prior to using these devices, please review the Instructions for Use for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

Indications for Use: Spinal cord stimulation as an aid in the management of chronic, intractable pain of the trunk and limbs.

Contraindications: Patients who are unable to operate the system or who have failed to receive effective pain relief during trial stimulation.

Warnings/Precautions: Diathermy therapy, implanted cardiac systems, magnetic resonance imaging (MRI), explosive or flammable gases, theft detectors and metal screening devices, lead movement, operation of machinery and equipment, postural changes, pediatric use, pregnancy, and case damage. Patients who are poor surgical risks, with multiple illnesses, or with active general infections should not be implanted.

Adverse Effects: Painful stimulation, loss of pain relief, surgical risks (e.g., paralysis). User's Guide must be reviewed for detailed disclosure.

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