FOCUS ON YOUR LIFE NOT YOUR PAIN
Focus on your friendships, not on your pain.
Chronic pain is personal, and it can be difficult to find relief. That’s why Abbott continues to develop new treatments for different kinds of pain, including complicated conditions like yours that have not responded to treatment in the past.

If you’re experiencing intense, focal pain in the foot, knee, hip or groin that started after an injury or surgical procedure, you might have something called causalgia or complex regional pain syndrome — or CRPS. There’s no single test for these conditions, but it’s very real and probably due to nerve damage that causes pain signals to fire often and for no reason.

When you have this kind of chronic pain, it can be impossible to focus on anything else. Even more frustrating, these conditions are difficult to treat, so the things your doctor has tried to relieve your pain may not have worked. Standard pain management methods were ineffective; pain medication left you in a fog. There wasn’t one clear answer.

Until now.
Focus on your passion, not on your pain.
Today, there’s a new, non-opioid solution called dorsal root ganglion, or DRG, stimulation that’s been proven to work for people like you.¹

DRG stimulation is a new type of neurostimulation therapy that targets and relieves pain. Neurostimulation is a technology that uses electrical impulses to interrupt pain signals before they get to the brain, where you feel them. Traditional neurostimulation has been used safely for decades, but it doesn’t always work for people with causalgia or CRPS.¹
PAIN SIGNALS TRAVEL TO THE DRG:

- Foot
- Knee
- Groin
- Hip
HOW DRG STIMULATION WORKS.

Everyone has clusters of nerve cells along their spine called dorsal root ganglion, or DRG. Researchers have found that certain groups of DRG nerves correspond to specific areas of the body — such as the foot, knee, hip and groin — where people experience the pain.

By focusing electrical stimulation specifically on the DRG, we’re able to interrupt pain signals before they reach the brain and change them with an electrical pulse, so you don’t feel pain in the same way.

Abbott developed DRG stimulation for people with focal chronic pain. A long-term clinical study showed that DRG stimulation provides:

PAIN RELIEF to more than 8 out of 10 PEOPLE at 12 months¹

For these people, DRG stimulation is the best option, providing relief for focal chronic pain even where no other treatment has worked.¹
One of the benefits of DRG stimulation is that you can try it using a temporary system, before committing to an implanted system.

You will have a short, minimally-invasive procedure. During this time:

1. Your doctor will place the temporary leads and test them to ensure they are placed correctly.
2. After testing, your doctor will connect the leads to the small external generator that will be worn outside of the body, typically on your lower back.
3. In the recovery room, your Abbott representative will program your external generator under your doctor’s guidance.
Our temporary system lets you manage your therapy wirelessly using an app on an Apple mobile digital device. The small external generator easily hides under your clothing. It’s so discreet we call it the Invisible Trial System.

**During the evaluation period you will have the opportunity to assess whether the therapy:**

- Controls your pain
- Improves your ability to perform daily activities
- Improves your sleeping habits

If, at the end of the evaluation period, you and your doctor decide DRG stimulation is right for you, you can choose to have the system permanently implanted.

*Focus on what makes you happy, not on your pain.*
INVISIBLE TRIAL SYSTEM

1. TEMPORARY LEAD
2. EXTERNAL GENERATOR
3. PATIENT CONTROLLER
Focus on your gardening, not on your pain.
Focus on your family time, not on your pain.
DRG STIMULATION WORKS! WHAT’S NEXT?

Now it’s time to talk to your doctor about the permanent implant, so you get the benefit of pain relief and can focus on your life.

THE PROCLAIM™ DRG NEUROSTIMULATION SYSTEM WITH INVISIBLE THERAPY™ HAS THREE PARTS:

THE GENERATOR — a small device that sends out mild electrical pulses, which contains a battery. This is implanted in your body.

THE LEADS — thin insulated wires that carry the electrical pulses from the generator to the nerves in your dorsal root ganglia. These are placed in your body in the area of the DRG.

THE PATIENT CONTROLLER — a handheld “remote control” on a familiar Apple® mobile digital device that allows you to adjust the strength and location of stimulation, within prescribed settings, or even turn stimulation off.
We call this platform patient-friendly because it works just the way you want it to, with familiar devices you may already own. The Proclaim™ DRG Neurostimulation System with Invisible Therapy™ is:

- **SO EASY TO USE, YOU MAY FORGET YOU’RE TREATING PAIN.**

  - Compatible with Bluetooth® wireless connectivity
  - Controlled using familiar Apple® mobile digital devices
  - Upgradable via approved software updates
  - Long lasting and recharge-free
  - Modern, discreet and technologically-advanced
Focus on your projects, not on your pain.
WILL NEUROSTIMULATION CURE MY PAIN?

Neurostimulation is not a cure for pain, but it is a therapy that can help reduce your pain to a manageable level and help you return to a more normal lifestyle.

WHAT ARE SOME OF THE RESTRICTIONS I MAY HAVE WITH AN IMPLANTED SYSTEM?

Your doctor will give you detailed information about restrictions and activities with your system. As a general rule, however, it is important to restrict the amount of bending, twisting and reaching you do for the first six to eight weeks after surgery. This is the time that the healing is taking place around the leads. There are also some permanent restrictions associated with receiving a neurostimulation system. For example, neurostimulation recipients cannot have diathermy therapy. Be sure to ask your doctor for a complete list of restrictions.

WHAT ARE SOME OF THE RISKS ASSOCIATED WITH THE PROCEDURE?

The placement of the leads is a surgical procedure that exposes you to certain risks. Complications such as infection, swelling, bruising and possibly the loss of strength or use in an affected limb or muscle group (i.e. paralysis) are possible. Be sure to talk to your doctor about the risks associated with the placement of a neurostimulation system.
WILL MY INSURANCE COVER THE TEMPORARY AND IMPLANTED DRG SYSTEM?

The temporary system and implanted system are typically covered by most major insurance plans, Medicare and workers’ compensation programs. You will need to work with your doctor’s office and insurance company to determine your coverage.

WILL I BE ABLE TO REDUCE MY PAIN MEDICATIONS?

Every patient responds differently. Many patients are able to decrease the number of pain pills they take each day while other patients are able to change the type of medication they take. Please consult with your doctor on specific medication questions.

HOW DO I KNOW THAT DRG STIMULATION WORKS?

152 people with chronic pain in their lower limbs (CRPS) resulting from nerve injury or surgical procedures were enrolled in the largest neurostimulation study ever conducted in these types of patients. After more than a year, the results showed DRG stimulation is the best option for this type of pain.¹

152 people with chronic pain
more than 8 out of 10
EXPERIENCED PAIN RELIEF
with DRG stimulation at 12 months¹
NOW’S THE TIME. FOCUS ON YOUR LIFE.

DRG stimulation is proven to provide superior* relief for people suffering from CRPS and other intense, lower-limb pain. It’s time to stop focusing on your pain and start focusing on your life.

Ask your doctor about DRG stimulation, go to SJM.com/Pain, or contact your Abbott representative to receive more information.

*Compared to traditional SCS stimulation.
I'D LIKE TO LEARN MORE ABOUT DRG STIMULATION.
If you would like to have a member of the Abbott clinical team contact you to answer questions, please complete the information below and return this card to your doctor.

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Contact me via:  [ ] phone  [ ] email

Your pain management doctor

signature

date

Focus on your hobby, not on your pain.
YOUR DOCTOR THINKS THAT DRG STIMULATION MIGHT BE RIGHT FOR YOU.

To learn more about DRG stimulation, complete the back of this card and return it to your doctor.

Abbott
One St. Jude Medical Dr., St. Paul, MN 55117 USA, Tel: 1 651 756 2000

SJM.com
St. Jude Medical is now Abbott.

Rx Only

Brief Summary: Prior to using these devices, please review the User’s Manual for a complete listing of indications, contraindications, warnings, precautions, potential adverse events and directions for use.

Indications for Use: Spinal column stimulation via epidural and intra-spinal lead access to the dorsal root ganglion as an aid in the management of moderate to severe chronic intractable* pain of the lower limbs in adult patients with Complex Regional Pain Syndrome (CRPS) types I and II.**

*Study subjects from the ACCURATE clinical study had failed to achieve adequate pain relief from at least two prior pharmacologic treatments from at least two different drug classes and continued their pharmacologic therapy during the clinical study.

**Please note that in 1994, a consensus group of pain medicine experts gathered by the International Association for the Study of Pain (IASP) reviewed diagnostic criteria and agreed to rename reflex sympathetic dystrophy (RSD) and causalgia, as complex regional pain syndrome (CRPS) types I and II, respectively.

Contraindications: Patients who are unable to operate the system, who are poor surgical risks, or who have failed to receive effective pain relief during trial stimulation. Warnings/Precautions: Diathermy therapy, implanted cardiac systems or other active implantable devices, magnetic resonance imaging (MRI), computed tomography (CT), electrosurgery devices, ultrasonic scanning equipment, therapeutic radiation, explosive or flammable gases, theft detectors and metal screening devices, lead movement, operation of machinery and equipment, pediatric use, pregnancy, and case damage. Adverse Events: Painful stimulation, loss of pain relief, surgical risks (e.g., paralysis). Implant Manual must be reviewed for detailed disclosure. Refer to the User’s Manual for detailed indications, contraindications, warnings, precautions and potential adverse events.

CAUTION: FEDERAL LAW (USA) RESTRICTS THIS DEVICE TO SALE, DISTRIBUTION AND USE BY OR ON THE ORDER OF A PHYSICIAN.

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‡ Indicates a third party trademark, which is property of its respective owner.
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